Dear Parents and Carers

Term Three has been a very busy and enjoyable one with our faction and interschool athletics carnivals, the RSPCA Cup Cake Day, the Poseidon Spelling Competition, Book Fair and an extensive range of motivating and challenging learning experiences that have our students engaged in their learning. All of these great activities don’t just happen and I would like to thank all the staff, teaching and non-teaching, for the dedicated, enthusiastic and professional manner in which they have worked as a team to make each event so successful.

Term Four is going to be busy with plenty planned to keep our students interested and motivated in their learning. The interschool spelling competition is the first event for the term. This will be followed by the very popular International Food Day on Thursday, 30th October. Then it won’t be long before we have the Christmas and Awards Assembly followed by the Year Six / Seven Graduation Assembly.

Thought of the Week
A friend is someone who knows all about you and still loves you.

You don’t need to join Facebook to see our page! Simply Google Search “Facebook Poseidon Primary School Heathridge” to find our regular posts about upcoming events and school news.
Independent Public School Update

On Monday September 22, the School Council met and initiated the process that will see the School Council transition into a new School Board. The new board will have a significantly increased level of responsibility, focusing on the macro / strategic direction of the school, and will need to understand their responsibilities in assisting the school achieve the outcomes that will be in the school’s Delivery and Performance Agreement and Business Plan.

The School Council decided to form an interim School Board to manage this transition process. The interim School Board members are: Yvonne Atkinson, Wes Buzza, Melinda McAndrew, Brooke McKenna, Ros Mugg, Margaret Willett, Biljana Wright and Peter Blackford. There are also two invited community members - Jan Norberger, MLA and Madlen Griffiths, Manager of the Partnership Office at Edith Cowan University. Yvonne Atkinson was elected as the interim School Board Chair.

One of the interim board’s first responsibilities will be to determine the make-up of the board so that it has the skill set required to assist the school achieve our strategic direction. The board will be made up of a mixture of community members, parents and staff. The board can approach individuals with identified skills to become members or call for nominations from community members who believe they have relevant skills for a position on the board. More information regarding this process will be made available to the school community throughout Term Four.

If you have any questions please contact either Yvonne Atkinson (0419 184 572) or Peter Blackford (9307 2356)

Interschool Athletics Carnival

Last Friday, Poseidon Primary competed in the Annual Interschool Athletics Carnival at Heathridge Primary School. All students who represented the school are to be congratulated for their behaviour, efforts and sportsmanship. Students competed to the best of their ability in all events, with the school finishing third overall on the day. This year, Poseidon was also awarded the Meritorious Trophy for the second year in a row, for the most improved school based on the last three year’s performances.

Many thanks to Mrs Porro and Mr Wright for all the organisational work that is need to get an interschool team ready for the day of competition. Thanks also to the staff who assisted on the day and to the family members and friends who came to cheer and encourage all our participants.

Footy Colours Day

Don’t forget Footy Colours Day tomorrow, Friday September 26. For a gold coin donation, students are allowed to wear favourite team colours to school for the day. The Canteen has organised a special Footy Lunch. There will be no other Canteen lunch orders on this day.
Poseidon Spelling Competition

The top four students from each year level participated in the Spelling Competition on Monday in the Undercover Area. It was great to see all the parents, grandparents and family friends that came to support all the finalists – it is the largest audience we have had at a Spelling Competition. The competition was both friendly and intense with all students striving to do their best. Students in Years 3 – 7, who finished in either first or second place will now go on to represent the school at the interschool competition to be held in Term Four at Ocean Reef Primary School. The results were:

<table>
<thead>
<tr>
<th>Year Level</th>
<th>Winner</th>
<th>Second Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>P/P</td>
<td>Nathan Buzza</td>
<td>Stevie-Jean Nicholls</td>
</tr>
<tr>
<td>1</td>
<td>Kaylee McAndrew</td>
<td>Molly McLeod and Lucas Mannion</td>
</tr>
<tr>
<td>2</td>
<td>Jack Ashworth</td>
<td>Brooke Cunningham</td>
</tr>
<tr>
<td>3</td>
<td>Laura Mahon</td>
<td>Lauren Reindl</td>
</tr>
<tr>
<td>4</td>
<td>Ryan Boardman</td>
<td>Rebecca Mahon</td>
</tr>
<tr>
<td>5</td>
<td>Jessica Greenhalgh</td>
<td>Griff John</td>
</tr>
<tr>
<td>6</td>
<td>Rylee Wilkinson</td>
<td>Chloe Putelli</td>
</tr>
<tr>
<td>7</td>
<td>Callum Pratt</td>
<td>Ben Greenhalgh</td>
</tr>
</tbody>
</table>

Tabloid Sports Afternoon

This will be held TODAY at 1:15pm on the oval. Come and join the students for afternoon of fun as a way to finish a very busy and successful school term.

Garden Call Out – We Need Fencing!!

As you are aware, we arrived back from our school holidays to find that The Garden had been stolen - thieves cut the fence with bolt cutters and took all six of the hydroponic tubs. While this was an upsetting event for the students, we are looking to the future and have some wonderful plans for our new Garden, with aquaponics, fish, raised garden beds and chickens!!

However, the resurrection of The Garden requires good, strong, secure fencing.

We are looking for metal pergola posts (90 x 90cm, 3 to 3.5m long) to use as corner posts, and steel reinforcing mesh (usually used for reinforcing concrete pads) that will be welded to the posts, creating an impenetrable barrier. We are also looking for cyclone fencing to cover the mesh and deter climbing.

The West Coast Institute of Training has kindly offered the services of their metal work students to cut and weld the mesh into place.

If you, or a business you know can help, please contact me at the school on 9307 2356, via email at poseidon.ps@education.wa.edu.au. Thanks to all those businesses and individuals who have already offered their support.

Poseidon’s Garden Gurus will plant, grow and harvest again!! But first we need the fencing.

Thanks
- Mike –

Mike Hawke-Linsley
Year 6/7 Teacher & Garden Co-ordinator
Wanted
Mrs Clark from the Art Room is in desperate need of ice cream containers with lids. The ice cream containers can be dropped off at the School Office.

Giggling Gecko Vacation Programs
Attached to this newsletter is Giggling Gecko’s Vacation Programs for Term 3 School Holidays. Please contact Jodie and the team on 0405 310 648 or email her at gigglinggeckosc@yahoo.com.au for more information.

Parenting Ideas
This week’s Parenting Ideas is titled “Building Deep Relationships with Kids”. Building a strong relationship with their children is every parent’s dream. Here are some time-honoured ways of doing this ... if you can stick to them.

P & C News
2014 Commemorative Tea Towels
After the success of our 2012 tea towel fundraiser, we’ve been asked to do it again. The students and staff have been busy creating their drawings and these will be arranged into one commemorative design and screen printed onto high quality tea towels. They make a great Christmas present for grandparents and family, are light and easy to post, and are a great way for your children to remember their friends and teachers forever.

Order forms have been sent out home and can be returned with payment (cash, cheque or EFTPOS available) to P&C Central in the Undercover Area before school. Delivery will be mid-November to allow time for posting overseas for Christmas.

Come on in to P&C Central and have a look at the 2012 edition so you can see how fabulous they look. We are also doing a re-print of the 2012 tea towel so if you missed out last time, this is your chance to pick one up.

Halloween Disco
October 31
More details coming in Term 4
Meet Our Sponsors
Blackburne Finance & Investments

This week the P&C wish to acknowledge Blackburne Finance & Investments, as one of our major sponsors for our Quiz Night. Blackburne has been working closely with Poseidon P&C over the last few years, providing financial education and advice to many of our families. Blackburne were also major supporters of our Spring Fair in 2013.

Thanks to Blackburne for donating the fantastic Quiz Night door prize, a 32GB wifi iPad Air, and congratulations to our lucky winner, Shane Dowling.

DID YOU KNOW that Blackburne Finance & Investments assist many people each year to create wealth? Whether you’re a home-owner looking to invest for the first time or a seasoned investor ready to expand your portfolio, Blackburne Finance & Investments can guide you towards securing your financial future. As a leader in investment services, Blackburne Finance & Investment Group are strategically positioned to support, educate and help investors to achieve their goals with minimal risk. DID YOU ALSO KNOW that by booking a free “in-home” appointment which leads to an obligation free one-on-one Strategy Session in their offices mapping out a personalised “financial road map”, then Blackburne Finance & Investments will donate $500 to Poseidon Primary P&C. If just ten families went through that process (totally obligation free) then that’s an additional $5000 for the P&C!

Rex and Elana McCay from Blackburne with our lucky Door Prize winner Shane, Peter Blackford and our very own “Red Foo” at the Quiz Night

Blackburne Finance & Investment
In-Home Consultant – Elana McCay
Email: elana.mccay@blackburne.com.au
Website: www.blackburne.com.au
Mobile: 0417 343 689
Canteen News

END OF TERM
When ordering lunches, please check with canteen staff that items are available as we are running down stock levels to prepare for the end of Term 3.

PLEASE FINALISE YOUR CANTEEN ACCOUNT BY FRIDAY SEPTEMBER 19
EFTPOS facilities available.

NEW CANTEEN MENU COMING IN TERM 4
A brand new menu is coming in Term 4, with delicious daily deals all ready for summer.
Watch this space!!

😊 Bronwen, Claire & Sheree 😊

Contact the P & C

Next P&C Meeting: Wednesday October 22
If you are interested in finding out more about what the P & C is, what they do and how you can be a part of it, come along to one of our meetings on the third Wednesday of each month at 7:00pm in the staffroom. We are also on Facebook - simply search for Poseidon Primary School P&C and request to join our group. Or you can contact us via email at poseidonpandc@gmail.com.

Major Sponsors of the 2014 Quiz Night

Jan Norberger MLA
State Member for Joondalup

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Building a strong relationship with their children is every parent’s dream. Here are some time-honoured ways of doing this ... if you can stick to them.

Every parent I know wants a great relationship with their children.

An effective way of promoting such relationships is through rituals and traditions. Rituals and traditions build close families.

For example, most strong families I know are underpinned by a strong food culture. In these families, every kid, no matter what their age, is expected to come to the meal table. Kids in these families are generally also expected to participate in other rituals and traditions.

This can require some parenting spine, but these rituals build wide relationships – that is, they gather the tribe together creating a wide relationship circle.

Individual parent–child relationships need to go deep. Deep relationships provide leverage. They also survive the potential storms of adolescence, during which relationships can become stormy and intense.

Certainly some ages are more amenable to positive relationship building than others. Developmentally, it’s easiest to build deep relationships in the opportunity years of latency: five through to ten years of age.

The easiest way to build a deep relationship between yourself and each of your kids is to spend regular one-on-one time together.

• Go somewhere for a whole day with a child.
• Go away for a weekend with just one child. Do things you enjoy.
• If possible, go camping.
• Talk. Cook. Mooch.

These shared experiences can have a magic impact on relationships. They can sometimes lead to vast improvements in children’s behaviour.

Another way to build deep relationships is to share an interest with a child. Having something in common, whether it’s a shared love of sport, books or a hobby, creates an individual bond that goes deep. A shared interest also creates ‘natural’ opportunities for one-on-one time.

Make it happen

• One-on-one time needs to be organised.
• It generally won’t happen by accident.
• It takes time. It takes energy. It takes a support mechanism to make it happen. Most of all it takes permission.
• But one-on-one time is so worth the effort.
• One-on-one time is the coat hook upon which each of your children will hang their memories of you.