Dear Parents and Carers

With only eight days to go, our Celebration of Education Memorabilia Evening on Friday March 18 is all falling into place. We already have had nearly 100 people register online and we are looking forward to meeting as many past students, parents and staff as possible to learn some more of the history of our great school. We have gathered quite a collection of memorabilia, but would love more, so it’s not too late to bring any photos, uniforms, news articles or other items into the Front Office. We will look after all items and return them after this special event.

Please remember to [register online] asap so that catering can be organised. Also, a reminder that children are welcome to this event, but must remain with their parents or a responsible adult for the entire evening.

All families are requested to keep Thursday April 7 free for our annual Learning Journey. Please read on for more details.

We ask all parents and carers to read our Classroom and Playground Student Behaviour Management procedures in this edition of the newsletter so they are aware of the consistent manner in which all teachers and staff manage student behaviour at Poseidon Primary.

Finally, I am very sorry to announce that our wonderful school chaplain Vanessa Bye has had to tender her resignation due to personal reasons. We wish her and her family all the very best for the future. The school is liaising with YouthCare to find a replacement chaplain to join the Poseidon family in the near future.

Peter
Peter Blackford
Principal

DATES FOR YOUR DIARY

Upcoming Events

TERM 1, 2016

- Monday March 14
  P & C Fundraising Meeting 7:00pm
- Monday March 14 – Thursday March 24
  Swimming lessons
- Wednesday March 16
  P & C Meeting 7:00pm
- Friday March 18
  Yr 2 Rm 20 Miss Edward’s Assembly
  Celebration of Education Memorabilia
  Evening 5:00pm to 8:00pm
- Thursday March 24
  Easter Assembly & Raffle
- Friday March 25 – Tuesday March 29
  EASTER LONG WEEKEND

TERM 2, 2016

- Monday April 4
  School Board Meeting 7:00pm
- Thursday April 4
  Learning Journey 5:00pm to 6:30pm
- Friday April 8
  Yr 4/5 Rm 14 Mrs Wakeb’s Assembly
  END OF TERM 1

- Monday April 25
  ANZAC HOLIDAY

Thought of the Week

Tact is the knack of making a point without making an enemy!

Poseidon Primary School Page: PoseidonPrimarySchoolHeathridge
30 Year Anniversary Group: PoseidonPrimaryCelebrating30Years
Poseidon Primary P&C Group: PoseidonPrimarySchoolP&C
Celebration of Education
Memorabilia Evening

18th March 2016
Poseidon Primary School
97 Poseidon Road, Heathridge
5.00pm to 8.00pm

Connect with staff and students, past and present, and take a trip down memory lane.
Free event however registration is required.
Refreshments will be available.
For further details:
Email poseidon.ps@education.wa.edu.au or
Facebook PoseidonPrimaryCelebrating30Years

Poseidon Primary - An Independent Public School
Student Leadership Roles

It is with great pleasure that I am able to announce the names of the students who have been selected to perform leadership roles in the school this year.

**Student Councillors:**
Lauren Buzza, Conah Hamilton, Rebecca Mahon and Olivia Proctor

**Faction Captains and Vice Captains:**
- **Oceanus**
  - **Captains:** Lily Leighton and Dylan Grey
  - **Vice Captains:** Emma Harrison and Harmon Slater

- **Triton**
  - **Captains:** Natalija Minchinton and Ryan Boardman
  - **Vice Captains:** Bianca Humphreys and Trent Hiscock

- **Anteaus**
  - **Captains:** Alex Turner and Seth Sutherland
  - **Vice Captains:** Phebe Godecke and Beau Gardiner

I look forward to working with the student councillors and I know Mrs Porro will appreciate the support that the faction captains and vice captains will be able to provide her and the students throughout the year.

Little Athletics Champions

Two of our students, Jasmine Orton and Blake Houston, had a very successful weekend at the Little Athletics Zone 4 finals in which they competed last weekend. Jasmine was the Under 9 Champion and won medals in the 70m, 100m and 200m sprint events and Blake was the Under 10 Champion in both javelin and discus events as well as placing second in shot-put. Blake now goes through to compete in the state championships in two weeks.

**Congratulations Jasmine and Blake. Poseidon Primary is very proud of you!!**
In Term Swimming

PP to Year 6 swimming lessons start next week and will run through Weeks 7 and 8 (March 14 to 24). Enrolment forms and other relevant information have already been sent home – please see the Front Office if you require another copy. Please return signed permission slips to your class teacher.

The lessons cost $50. Cash payment should be sent to your class teacher, EFTPOS payment can be made at the Front Office, or you can pay by direct debit:

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Please remember to use your child’s name (first name AND surname) as a reference.

If you would like to organise a payment plan, please contact Debbie in the Front Office on 9307 2356 or email Debbie.Linehan1@education.wa.edu.au or pop in for a chat.

Thursday April 7, 5:00 pm to 6:30pm
All welcome!

Our staff continue to have a shared focus of improving communication between school and home, and our Learning Journey is a way for us to provide you with some feedback on how your child has been progressing throughout Term One. Your children will have the responsibility for leading you through their class’s Learning Journey. The Visual Arts and Music rooms will also be open for families to visit.

Classrooms will open between 5:00pm and 6:30pm. This will provide families with more than one child at school time to complete the Learning Journey in each room. Teachers will be in their rooms to meet parents and discuss how the class functions and talk in general about how the class is progressing. If parents want to discuss their child’s progress this is the perfect time to make an appointment to meet with the teacher at a mutually suitable date and time. This type of evening has proven to very popular with families in the past and we are looking forward to seeing a huge number of Poseidon parents sharing this experience with their children.
Managing Student Behaviour in the Classroom

We ask all parents and carers to read our Classroom Student Behaviour Management procedures below and be aware of the consistent manner in which all teachers manage student behaviour in the classrooms. The most important aspect of this procedure is the establishment of a positive classroom environment in which all students feel safe and happy. This is a real strength for the staff of Poseidon Primary and is crucial to providing every student with opportunities to achieve their potential.

The Classroom Student Behaviour Management procedures are as follows:

**Classroom Groundwork:** Establish a positive set of simple classroom rules.

**First Infringement:** Warning and reminder to the student.

**Second Infringement:** Student’s name is written on the board.

**Third Infringement:** Cross is put beside the student’s name on the board.
- The student then goes to the Think Spot to think about their behaviour. The Think Spot is a single desk located in each classroom with the class rules on display above the Think Spot desk.
- If the student is compliant they may rejoin the class. If they are not compliant or they are arguing, In Class Time Out is the next step. A student may be timed out in a classroom after having gone through all of steps 1, 2 and 3.
- Timeout students may listen to classroom lessons but do not participate. Students do not go to specialist lessons until they have made a commitment to follow an agreed plan. Non-compliant students are to be sent to the Administration staff in the Front Office.
- If a student disrupts the class while in Time Out they are sent to the Administration staff.

**Fourth Infringement:** Student’s name and cross are circled on the board.
- This clearly indicates that the student has now reached In Class Time Out.
- During this time counselling will take place and a student will complete, in clear detail, an In Class Time Out sheet which is to be taken to the Front Office for the Principal or Associate Principal to sign.
- This form is then sent home for signing by parents/carers. The details of the incident will be entered into the Student’s Activity Report in SIS.

**Fifth Infringement:** If the student still does not comply with the classroom rules then Out of Class Time Out applies.
- The student is sent to the Front Office and does class work sitting in the Frog Pond area under the supervision of the Administration staff.
- A student may remain in Out of Class Time Out until the completion of the current half day (morning session until lunch time, afternoon session until home time).
- A conference between the Principal, Classroom Teacher and the student will take place before the student is admitted back into the classroom.
- At this stage the student should realise that there are only two alternatives, return to class and follow the rules or remain out of class.
- Should disruption continue, In School Suspension is the next step.
- In School Suspension forms will be sent home to parents/carers from the Administration staff and the Student’s Activity report updated. The length of the In School Suspension will be half a day for the first incident and will increase each time a student is placed on In School Suspension.
Suspension

- A severe clause exists which allows staff to bypass the Managing Student Behaviour procedure and send a student straight to the Administration staff.
- Severe inappropriate behaviour will result in suspension of the student. The duration of the suspension will be negotiated between the Principal and the Classroom Teacher.

Managing Student Behaviour in the Playground

Poseidon Primary has a separate set of procedures for managing student behaviour in the playground. These are well understood by staff, and are in place to ensure that students feel safe and happy whilst at school.

The Playground Student Behaviour Management procedures are as follows:

- Maintenance of safe and secure playground environments across the whole school.
- Two duty teachers rostered on duty at recess and lunch times in the main school playground areas (Years 1 to 6).
  - Required to wear bright orange vests to increase visibility to all students.
  - Two defined duty areas.
  - Duty teachers to keep moving throughout duty areas to ensure all students are supervised.
- Students to ask for help from a duty teacher.
- Students are made aware of the out of bounds areas where they are not to play.
- Incident management for minor concerns:
  - Dealt with by the duty teacher.
- Incident management for more complex incidents:
  - The duty teacher to sit the students outside the Staffroom or in the Frog Pond area and inform Administration staff of the incident. This frees the duty teacher to return to their class at the end of recess and lunch times.
  - Administration staff to complete an investigation into the incident, as required.
  - Students complete playground reflections sheets, if required, and take them home to be sighted and signed by parents.
- Incident management for more serious incidents, such as physical assault:
  - Administration to notify, by telephone, the parents of all students involved in the incident.
  - All families to be informed of any consequences given to the students involved in the incident and any risk management strategies that may be put in place to ensure the ongoing safety of students.
  - All staff to be informed of the incidents and consequences by email to ensure that everyone is aware of the situation.
  - Administration staff to facilitate a restorative justice meeting between the involved students.
- Records of incidents are kept to identify any potential patterns of behaviour or areas of concern.
If you have any concerns or questions about any aspect of our policies, or would like to have any aspect of these procedures clarified, please don’t hesitate to contact the Front Office on 9307 2356 to make an appointment with Peter Blackford or Michael Wright.

Crunch and Sip Program

Every child deserves the best start in life. Good eating habits formed during childhood help children grow well and protect them against disease in later life, such as heart disease, diabetes and some cancers. Too many children are not eating enough of the foods essential to good health. Fruit and vegetable consumption is particularly low. The results of government research on primary school aged children in Western Australia found that, on any given day:

- Three out of five do not eat enough vegetables
- Two out of five do not eat enough fruit
- Nearly half do not meet their daily fluid requirements

The proportion of overweight and obese children has tripled in the last 30 years, with one in four Western Australian children now overweight or obese.

What is Crunch&Sip?

Crunch&Sip is a set break to eat fruit or salad vegetables and drink water in the classroom. Students re-fuel with fruit or vegetables during the morning or afternoon, assisting physical and mental performance and concentration in the classroom.

Through Crunch&Sip, Poseidon Primary is demonstrating our commitment to nutrition education in the classroom by making links with the curriculum and creating a supportive school environment. The program has been implemented across the school, with students bringing fruit or salad vegetables to school to eat in the classroom at a set time.

For more information on the program and for helpful hints and suggestions, please see your classroom teacher or click on the link [http://www.crunchandsip.com.au/](http://www.crunchandsip.com.au/).

Wanted – Rings & Rolls

Mrs Clark from the Art Room would like soft drink can ringpulls for the school’s Art Program and Mr Swan and Ms Mugg are looking for cardboard tubes – all sizes!

Items can be dropped off at the Front Office or Room 18 in the Athena Block.
Easter Bonnet Parade

Our annual Easter Bonnet Parade will be held as part of the Easter Assembly on Thursday, March 24. Parents are encouraged to help their child to make their own Easter Bonnet at home. The major prizes in our MONSTER Easter Raffle will also be drawn at the assembly. Raffle tickets will be coming home with your child today, and will also be available before school from The Canteen and P&C Central in the Undercover Area.

Easter Raffle Donations

This year’s P&C Easter Raffle will be drawn at the Easter Assembly on Thursday March 24 and is only TWO WEEKS AWAY!! We are asking for Easter eggs, Easter rabbits and new soft toys for our Easter Raffle.

We would like every family to please donate at least one egg so we have loads of prizes. We like to have many small prizes (rather than one big prize) so everyone has a better chance to win. Please drop off your donations to P&C Central, The Canteen or the Front Office. Thank you to everyone who has already dropped off their donations.

Ocean Reef Senior High School Information Evening

Are you thinking about enrolling your child at Ocean Reef Senior High School? Unsure how to secure a place or complete an enrolment application? Wondering what Specialist & Elite Programs are on offer? Ocean Reef SHS invites all parents and carers of Year 6 students to an Information Evening on Monday, March 21 from 6:00pm to 7:30pm.

If you are unable to attend, please be aware Year 7 2017 applications for the Specialist & Elite Programs close on April 29. Application forms are available to download on our website www.oceanreef.wa.edu.au after March 21.
Voluntary Contributions

I would like to remind all families that the Voluntary Contributions of $60 per child are now due. If you have paid through Office Max please ignore this reminder. If you have not paid through Office Max, the school office is open from 8:00am to 3:00pm daily to assist you in paying this account. Alternatively, payments can be made via direct deposit. Please remember to use your child’s name (first name AND surname) as a reference.

Thank you

Debbie Linehan
Manager Corporate Services

Direct Deposit School Payments

You can now make payments by direct deposit for incursions, excursions and voluntary contributions.

Bank: ANZ
Account Name: Poseidon Primary School
BSB: 016494
Account Number: 340975592

Please remember to use your child’s name (first name AND surname) as a reference.

Parenting Ideas

Social Skills for Children: School brings different types of learning, including social interactions and how to make friends. Parents can lay the foundations at home by teaching their kids these 7 important social skills.
P & C News

Fundraising Meeting
Monday March 14, 7:00pm in the Library

The P&C will be holding a Fundraising Meeting on Monday March 14 to plan out our events for 2016. If you have ideas to share and would like to be involved, we’d love to see you. If you can’t make the meeting, email us your thoughts at poseidonpandc@gmail.com or post on our P & C Facebook page.

Canteen News

Please be advised, Canteen Accounts can only be run on credit. We cannot run The Canteen on a debit system, so add some money to yours today!!

EFTPOS facilities are available.

😊 Bronwen, Claire & Bec 😊

Uniform Shop News

Winter uniform order forms are coming home this week. The order form is also attached to this newsletter. Final orders need to be in by Friday, April 8. It is necessary for us to place orders for winter uniforms by the end of Term 1 to ensure items are delivered in Term 2 and in time for the cooler weather.

Please be aware that we will not be holding additional winter stock and all winter items will be BY ORDER ONLY. It is therefore ESSENTIAL that orders be placed NOW for anything families think they might need for winter. Payment is not required until items are collected and families are welcome to pick up parts of orders and stagger payment accordingly. Further, families are not obliged to pick up everything they may have ordered if they change their minds and we suggest over-ordering at this time rather than under-estimating requirements.

We remind families that the Uniform Shop is now open every Wednesday, Thursday and Friday before school from 8:00am to 8:20am, or at other times by prior arrangement. Our friendly volunteers are always happy to discuss your uniform needs and arrangements which are suitable for individual families.

😊 Tara, Deb, Sara, Tenille and Mel 😊

Contact the P & C

Next Meeting: March 16, 7:00pm

If you are interested in finding out more about what the P & C is, what they do and how you can be a part of it, come along to one of our meetings on the third Wednesday of each month at 7:00pm in the Staffroom. We are also on Facebook - simply search for Poseidon Primary School P&C and request to join our group. Alternatively you can contact us via email at poseidonpandc@gmail.com.
School brings different types of learning, including social interactions and how to make friends. Parents can lay the foundations at home by teaching their kids these 7 important social skills.

Children who are able to form friendships when they start school are happier at school and also learn better.

More significantly, positive friendships have long-term implications for social and indirectly academic success.

Friendships skills are generally developmental, but they don’t develop in isolation. Kids acquire these skills when they play with their siblings and interact with children and adults outside their family.

Today’s children grow up with fewer siblings, fewer opportunities for unstructured play and less freedom to explore friendships than children of even ten years ago.

Parents can help kids develop important social competencies by teaching them sociable behaviours at home, being good role models and providing opportunities for kids to play with each other in a variety of situations.

Here are 7 important social skills to help children to develop:

1. Ask for what you want
   Help children ask for what they want. It means they don’t throw tantrums, whinge, and sulk or expect parents to guess what’s on their minds. While we need to be patient with toddlers, we need also to give older children the chance and opportunity to ask for what they want. Sometimes we need to ignore shrugs and grunts and expect them to articulate their wishes. This is the basis of civil behaviour, as well as a basic human skill.

2. Good manners
   Teach kids good manners, in particular the three ‘power words’. These words are very persuasive because they have a way of breaking down barriers and people’s defences. These three words are: your name; please; thanks. These terms are the basis of good manners, and, when used, will increase the likelihood of getting what you want.

3. Sharing
   Sharing is a basic social skill. Developmentally, very young children like to keep their possessions themselves. As they get older and move into Pre School and beyond the notion of sharing becomes a pre-requisite for playing with and forming relationships with others. Other children like to play and be with those who share their time, possessions and space with them. Sharing is the start of empathy as it shows sensitivity to other people’s feelings.

4. Holding a conversation
   Holding conversations with others is a lifetime friendship skill. Conversations require self-disclosure, which can be challenging for some children. Good conversationalists give of themselves, but also take an interest in the person they are talking to. Many children forget that good conversations are two-way events, and tend to focus solely on themselves.

   Children within conversations need to learn to ask good or interesting questions; to take turns when speaking and to show you are listening by making eye contact and not interrupting.

5. Winning and losing well
   Kids need to learn to win without rubbing others noses in it, and lose gracefully without throwing tantrums and making excuses.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.
... Social skills for children ...

Wanting to win is natural, but they need to do so in a way that they maintain a relationship with other players so they will play again. Losing may make kids feel bad, but kids need to control their negative feelings so that others will play with them again.

6 **Approaching and joining a group**
The ability to approach strangers in social situations is valuable skill that opens up many doors, both friendship-wise and business-wise. These skills can be learned and practised during childhood, so that it becomes second nature in adulthood.

7 **Handling fights and disagreements**
Disagreements happen in families and among friends. The key is to make sure disagreements don’t lead to the breakdown of friendships. It’s important to get across to kids that having an argument or disagreement doesn’t mean that a friendship is over. Strong friendships, like strong family relationships, withstand disagreements. In fact, they only serve to strengthen friendships.

The results of a number of studies indicate that children can be taught friendships skills. The strategies are simple and revolve around teaching children a range of friendly behaviours such as: talking with others while playing, showing an interest in others, smiling, offering help and encouragement when needed, a willingness to share and learning how to enter a game or social situation.

As parents we often focus on the development of children’s academic skills and quite easily neglect the development of important social skills, which contribute so much to children’s happiness and wellbeing.

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Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

**parentingideas.com.au**
WINTER UNIFORM ORDER FORM

Please return to P&C Central by **FRIDAY 8TH APRIL 2016**

Please note that winter uniforms will be **BY ORDER ONLY** and cannot otherwise be supplied

No payment required until pick up. Items can be ordered now and held for later collection by arrangement

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**CHILD’S NAME**

**YEAR LEVEL/TEACHER**

**CONTACT NAME & PHONE NUMBER**

**EMAIL ADDRESS**